# **Garlic Mushrooms**

Buttery Garlic Mushrooms with a mouth watering herb garlic butter sauce! You will love this 10-minute side dish that goes with anything!

Prep Time	Cook Time	Total Time
5 mins	10 mins	15 mins



**★★★★**4.97 from 29 votes

Course: Side Dish Cuisine: American

Keyword: garlic mushrooms, mushrooms Servings: 4 serves

Calories: 168kcal Author: Karina

## **Ingredients**

- 4 tablespoons unsalted butter
- 1 tablespoon olive oil
- 1/2 an onion chopped (optional)
- 1 pound (500 g) Cremini or button mushrooms
- 2 tablespoons dry white wine\* (optional)
- 1 teaspoon fresh thyme leaves chopped
- 2 tablespoons chopped fresh parsley
- 4 cloves garlic minced
- Salt and pepper to taste

#### Instructions

- 1. Heat the butter and oil in a large pan or skillet over medium-high heat.
- 2. Sauté the onion until softened (about 3 minutes).
- 3. Add the mushrooms and cook for about 4-5 minutes until golden and crispy on the edges.
- 4. Pour in the wine and cook for 2 minutes, to reduce slightly.
- 5. Stir through thyme, 1 tablespoon of parsley and garlic. Cook for a further 30 seconds, until fragrant.
- 6. Season generously with salt and pepper (to your taste).
- 7. Sprinkle with remaining parsley and serve warm.

#### **Notes**

\*Use a good quality dry white wine, such as Pinot Gris, Chardonnay, or a Sauv Blanc.

### **Nutrition**

Calories: 168kcal | Carbohydrates: 5g | Protein: 3g | Fat: 13g | Saturated Fat: 6g | Cholesterol: 30mg | Sodium: 10mg | Potassium: 531mg | Sugar: 2g | Vitamin A: 540IU | Vitamin C: 4.4mg | Calcium: 32mg | Iron: 0.7mg