

Portobello Mushroom Pizzas



Author: Jessie Cook Time: 25 mins Total Time: 25 mins Yield: Serves 4 1x

Description

Portobello Mushroom Pizzas – a healthy twist with your favorite pizza toppings. Ready in 30 minutes.

Ingredients

SCALE | 1x | 2x | 3x

- 4 large portobello mushroom caps, stems removed
- 3 Tbsp. extra virgin olive oil
- 2 cups shredded or torn fresh mozzarella
- 1/2 cup cherry tomatoes, sliced (or 1 large sliced tomato)
- 1/2 cup fresh basil, chopped, plus extra for garnish

Instructions

- ¹ Heat oven to 375 degrees F.
- ² Place a wire cooling rack on a rimmed baking sheet and place mushrooms top-side down on top of the rack. This will let moisture drain away from the mushrooms as they cook and prevent any sogginess.
- ³ Drizzle portobello caps with olive oil and sprinkle with salt and pepper.
- ⁴ Sprinkle a handful of mozzarella onto each mushroom cap, then top with a few slices of tomato and a sprinkling of basil. Then finish with another handful of mozzarella. (YAY CHEESE!)
- ⁵ Bake at 375 for 20-25 minutes, until mushrooms have softened and cheese has melted. Garnish with more basil and serve immediately.

Notes

- Use a spoon to remove the gills under the mushroom caps if you like. I honestly don't mind them, so I leave them in, but pull them out if you're not a fan!
- Use any pizza toppings you like here the sky's the limit!
- Drizzle portobello mushroom pizzas with balsamic glaze for an extra flavor kick.

Try to use <u>a cooling rack</u> that's the same size as your baking sheet. I also recommend <u>a rimmed baking sheet like this one</u> (as opposed to a flat cookie sheet).

Serves 4

Calories Per Serving: 265

| | | | % DAILY VALUE |
|-------------------|-----|-------------------------|---------------|
| Total Fat 22.7g | 35% | Cholesterol 44.2mg | 15% |
| Sodium 353.2mg | 15% | Total Carbohydrate 2.6g | 1% |
| Sugars 1.4g | | Protein 13.1g | 26% |
| Vitamin A 117.3μg | 13% | Vitamin C 3.8mg | 6% |



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